

Character Reference Letter for Domestic Violence

Date: February 27, 1958

From,

Vincent Whitley

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Your honour,

I am being Simon's friend and I would like to speak on his behalf. I do not want to excuse his actions, but rather give you a better idea of what he is like and what he has been going through recently.

While Simon has always struggled with anger issues and self-control that extend back to a past filled with many mental issues, he has worked very hard to change his behaviour over the last 4 years. That includes {giving up alcohol/drugs, going to anger management, seeking therapy, etc.}. I have personally seen the positive effects of this on a daily basis. Simon now thinks before losing his temper, makes a conscious effort to lower his voice and has learned to take a break by leaving the room when tempers run too high.

Unfortunately, in the past 4 years, Simon has been struggling with job loss. He knows that this last lapse into anger and violence is unacceptable and understands that it requires hard work to move beyond it. However, he is eager and earnest in his desire to improve his behaviour and has already improved a lot.

Thank you,

Vincent Whitley
